

# Safety First

## SAFETY COMMITTEE MEETING NOTES

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**NEXT  
SAFETY COMMITTEE  
MEETING:**

**May 14th 2020**

The May 2020 Safety Committee meeting was cancelled.

**May Employee Monthly Safety Training:** . Fire Extinguisher & Severe Weather Awareness

## June National Safety Month

Everyone of us should always be aware of the safety issues around our jobs. It is just not the departments heads that deal with issues everyday, but rather all of us. With issues facing us these days, we need to be careful for ourselves, our co-workers, and our families. In our offices, we need to be aware of other things like, are we using a ladder to hang something, is our chair off balance could it tip if we aren't careful. Water on the floor could cause some to slide and fall, there are the smaller things that could cause an accident that we all should be mindful of.

I think our Safety Committee as a whole they are looking for all employees to keep a watchful eye out for any safety issues that could affect your safety and all of your fellow employees. We are looking for your input on what we could do better and issues that you see that we might not see.

In the long run accidents affect our insurance costs, in turn it affects the county's budget.

## Your Safety Committee

Members of your Safety Committee represent various departments and work areas of the county, and meet on a monthly basis.

Mike Salati (Planning & Zoning ) Chair, other members are Scott Kruse (Engineer) , Tony Powers, Tim Herrstrom,

Brian Longhenry, Craig Wallace (Secondary Roads), Troy Reynolds and John Roosa (Landfill), Russ Stevens

( Health & Sanitation/Buildings & Grounds), Beth Isvik (Auditor), Lisa Zenor (Assessor), Lance Kooiker (EMA), Alice Kenney

(County Community Services ) Bill Zinnel ( Board of Supervisors) Tanner Scheuermaun( Conservation , Stacy Tharp

( Human Resources )

# Wellness

ISAC has changed some of the requirements for us to get our discount on health insurance.

They are making it so easy this year to meet our goal of 5% off our rates.

All Insurances are going up this year and we can help ourselves to lower the cost that we pay next year.

Please go in and do your assessment on line. You will find the flyer and link to website on the next page.

If you are planning to do a physical this year don't forget to take the fax form for your doctor.

If just want to do a pillar for that credit great!

The on-line ones are so easy to do.

Thank you

## 2020 ISAC WELLNESS PROGRAM

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### PROGRAM DATES

The ISAC Wellness Program will run between January 1, 2020 and October 31, 2020.

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### PROGRAM STRUCTURE

- Complete the Online Assessment= 5 TOTAL points
  - 50% Employee Completion = 1 point
  - 60% Employee Participation= 2 point
  - 70% Employee Participation = 3 points
  - 80% Employee Participation = 4 points
  - 90% Employee Participation = 5 points

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### EMPLOYEE INCENTIVES

An insured employee of the Group Health Program may earn up to a \$150 incentive in their paycheck. The incentive will be distributed in November and ISAC will reimburse the county the incentive + employers FICA tax.

- \$25.00 Completion of the physical/preventative exam with a doctor who CAN fill out a fax form **OR completion of an activity under a 5<sup>th</sup> wellness pillar**
- \$25.00 Completion of the Online Assessment
- Up to \$100 by completing an activity under 4 different wellness pillars
  - Purpose
  - Nutrition
  - Physical
  - Mindfulness
  - Social
  - Balance
  - Financial
  - Community

# Barbecue Safety

Barbecue season is upon us. This means many people will be enjoying cooking and eating food that was prepared in this manner. It also means people will be injured and thousands of dollars of property damage will result because of carelessness. Many barbecue fires can be prevented. The following are a few tips we should keep in mind to help us have a safe barbecue season:

1. After purchasing a barbecue, make sure you follow the manufacturer's directions for assembly and use.
2. Don't use your barbecue indoors. Fire and carbon monoxide poisoning are a real threat. Keep the barbecue a safe distance (over 3 meters, or 10 feet) from your house. If there is a fire, you don't want it to spread to your house.
3. Keep your barbecue's propane tank in an upright position. If it's not in an upright position, the tanks relief valve may not work properly. Also make sure the burner ports are clear of rust and dirt.
4. Check for leaks by putting a soapy solution on the connection of the tank and hoses. Where you see bubbles, tighten the connection. If you can't stop the bubbles, don't use the barbecue - it's leaking propane. Never use a match to check for leaks.
5. When lighting a gas barbecue, keep the lid open to avoid gas buildup and light the barbecue as soon as you turn on the gas. Keep your face away from the grill. Make sure the flame is visible from the burner ports.
6. A barbecue lighter with a long handle is safer to use than matches. It provides the extra reach that reduces the chance of singed hair or a burn to your body.
7. When finished barbecuing, turn off the burner and the tank valve.
8. Never use gas or naphtha to light a charcoal barbecue. Always use barbecue lighter fluid and let it soak for five minutes before lighting. Read and follow the directions on the can.
9. Make sure coals are cool before you dispose of them.
10. Avoid wearing baggy sleeves when cooking over a barbecue. They could catch fire.

Remember, the entire barbecue assembly is hot. Keep children away.

